



founded in 1959

Our large, family-style house in the Southern Suburbs offers a haven of refuge for up to twenty-eight abused women and their children and pregnant single women \ teenagers considering adoption.

We offer accommodation, three meals a day, clothing and toiletries, skills training including making jewellery which we export, computer literacy classes, counselling and lots of love, acceptance, compassion and hope.

Donations from the community assist us to empower the women. We offer a full-time crèche for their children and help them to find employment. We also help them to access legal and medical assistance.

- R15** per month will provide a day's food for a child
- R75** per month will provide a week's food for a child
- R150** per month will provide a week's stay for a family
- R500** per month will provide a month's stay for a family
- Other** once off payment of R

Your contribution will enable us to assist the many women and children who seek our help to find dignity, wholeness and healing.

This is Nikita, who lived at our shelter with her mommy for a while.
You can help us help children like Nikita by donating to Sisters Incorporated now.



We are Women helping Women to help themselves

SISTERS INCORPORATED

PO Box 2330 Clareinch 7740

Cape Town South Africa

Tel/Fax +27 21 797 4190

sistersinc@telkomsa.net

www.sisters.org.za

NPO 003-160

BANKING DETAILS

FNB Claremont

Branch no. 200109

Account no. 50265055465

